



## TOP TEN TIPS

# PREPARING FOR AN EMERGENCY



**1** Complete an emergency plan for you and your family and keep it in a safe place, encourage others to do the same

**4** If possible, identify a family member or friend outside of the area whom you can stay with temporarily

**7** Prepare an emergency grab bag of essential items and keep it ready

**2** Be alert to potential hazards wherever you are

**8** Fit smoke and carbon monoxide alarms and check them regularly

**3** Agree contact arrangements with family and friends

**6** Make sure you know how to turn off the electricity, gas and water to your home

**9** Learn first aid  
**10** Make arrangements for your pets to go with you or to be left in a safe place

## TOP TEN TIPS

# WHAT TO DO IN AN EMERGENCY



**1** In an incident call the emergency services and follow any instructions you are given

**4** If safe, go inside and stay inside

**5** If it is not safe, get out, stay out, take others with you

**2** Check for hazards, keep yourself and others safe

**6** Follow your Family Emergency Plan

**7** If safe to do so, and time allows, take your emergency grab bag and pets

**3** Call for help and give First Aid where you can

**8** If safe to do so, and time allows, switch off gas, electricity, water and lock up your home  
**9** Listen to local radio stations for information and follow advice given  
**10** Check with neighbours and others who might need help



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